



Triptych Mandalas

Part 1 - US Terminology

a design by

Esther Dijkstra



Materials

Forest Fern Colorway

Scheepjes Catona (100% mercerized cotton, 50g/125m) one ball each in the following colors

- Color A : 264 Light Coral
- Color B : 192 Scarlet
- Color C : 383 Ginger Gold
- Color D : 412 Forest Green
- Color E : 263 Petal Peach
- Color F : 254 Moon Rock



Rainbow Bright Colorway

Scheepjes Catona (100% mercerized cotton, 50g/125m) one ball each in the following colors

- Color A : 208 Yellow Gold
- Color B : 146 Vivid Blue
- Color C : 189 Royal Orange
- Color D : 115 Hot Red
- Color E : 113 Delphinium
- Color F : 389 Apple Green



Blue Moon Colorway

Scheepjes Catona (100% mercerized cotton, 50g/125m) one ball each in the following colors

- Color A : 173 Bluebell
- Color B : 396 Rose Wine
- Color C : 247 Bluebird
- Color D : 164 Light Navy
- Color E : 074 Mercury
- Color F : 408 Old Rose



15cm / 6inch mandala ring

25cm / 10inch mandala ring

40cm / 16inch mandala ring

3.0mm (US size D/3) hook

darning needle

Tips for choosing your own colors

I have made these mandalas in 3 color combinations, but there are more than 100 colors in the Scheepjes Catona range. This means there are many colorways that you can make these mandalas in. I have a few tips for you when choosing which colors to use.

First choose the main color you want your mandala to be, this is Color D in the pattern. For example, in the Forest Fern colorway this is a green color. This color will be used for all the outer edges of the mandala, hence it's the color that is most visible.



Next choose a neutral shade that matches your first color, this is Color E in the pattern and is used to attach the mandalas to the rings. Good colors to use here are shades of whites and light grey.

Now choose two accent colors, these are Colors B and C in the mandala. These colors are used to make the flower petals in the center and they should complement color D.

Lastly, choose two colors to match all the colors what you already have. These are Colors A and F in the pattern. Usually lighter or darker shades of what you have already selected works well.

If you want to make all three mandalas in only one color, you will need 4 balls of Scheepjes Catona 50g.

Abbreviations

This pattern uses US Crochet Terminology

bphdc	back post half double crochet. YO and insert hook from back to front to back around the post of the indicated stitch, YO and pull up a loop around the post of the stitch back to your starting position, YO and pull through all 3 loops on hook.
bphdc2tog	two back post half double crochet stitches worked together. YO and insert hook from back to front to back around the post of the indicated stitch (2 loops on hook), YO and pull up a loop around the post of the stitch back to your starting position (3 loops on hook), YO and insert hook from back to front to back around the post of the next stitch (4 loops on hook), YO and pull up a loop around the post of the stitch back to your starting position (5 loops on hook), YO and pull through all 5 loops on hook.
bpsc	back post single crochet. Insert hook from back to front to back around the post of the indicated stitch, YO and pull up a loop around the post of the stitch back to your starting position, YO and pull through both loops on hook.
ch	chain. YO and pull up through working loop.
ch-sp	chain space.
dc	double crochet. YO, insert hook in indicated stitch, YO and pull up a loop, (YO and pull through two loops) twice.
dc-cl	dc3tog worked in one stitch. Work like dc3tog, but make all parts of the stitch in the same indicated stitch.
dc3tog	3 double crochet stitches worked together over 3 stitches. YO, insert hook in first stitch, YO and pull up a loop, YO and take off two loops, YO, insert hook in second stitch, YO and pull up a loop, YO and take off two loops, YO, insert hook in third stitch, YO and pull up a loop, YO and take off two loops, YO and take off all 4 loops on hook.
dtr	double treble crochet. YO three times, insert hook in indicated stitch, YO and pull up a loop, (YO and pull through two loops) 4 times.
dtr-popcorn	5dtr in indicated stitch, remove hook from working loop, insert hook in first dtr, place working loop back on hook, pull working loop through first stitch, ch1.
fpSC	front post single crochet. Insert hook from front to back to front around the post of the indicated stitch, YO and pull up a loop around the post of the stitch back to your starting position, YO and pull through both loops on hook.
hdc	half double crochet. YO and insert hook in indicated stitch, YO and pull up a loop, YO and pull through all 3 loops on hook.
invisible join	cut yarn and pull yarn tail through working loop, place yarn tail on darning needle, insert needle from front to back through second stitch of the round and pull through, insert needle from top to bottom in last stitch worked and pull through, fashion loops so that the stitches look the same either side of the invisible join.

picot	ch3, ss in first ch.
popcorn	5dc in indicated stitch, remove hook from working loop, insert hook in first dc, place working loop back on hook, pull working loop through first stitch, ch1.
puff stitch	(YO, insert hook in indicated stitch, YO and pull up a loop) 4 times, there are now 9 loops on the hook, YO and pull through all loops, ch1.
sc	single crochet. Insert hook in indicated stitch, YO and pull up a loop, YO and pull through both loops on hook.
sc2tog	two single crochet stitches worked together. Insert hook in first stitch, YO and pull up a loop, insert hook in second stitch, YO and pull up a loop, YO and take off all 3 loops on hook.
shell	skip next 3 sts, 8tr in next st, skip next 3 sts, ss in next st.
ss	slip stitch
st(s)	stitch(es)
standing sts	with a slip knot on hook, proceed to make stitch as normal.
tr	treble crochet. YO two times, insert hook in indicated stitch, YO and pull up a loop, (YO and pull through two loops) 3 times.
X-st	cross stitch. Skip next stitch, dc in next st, dc in skipped st covering the first dc worked.
YO	yarn over hook.

Gauge

At the end of Round 8, the mandala is 13cm / 5 inches in diameter, at the end of Round 13, the mandala is 21cm / 8 inches, and at the end of Round 23, it is 36cm / 14 inches.

Tips if your gauge is off

Meeting gauge can be tricky sometimes, because there are so many factors influencing it. Often the reason for not meeting gauge is because you make your stitches in a different way than the designer does. Small things like how hard you pull your yarn or how high you lift your loops all affect gauge. In this video <https://www.youtube.com/watch?v=97Vpxaf8wvk> I explain about the golden loop, something that can help you to meet gauge. I am a rider, slightly leaning toward the lifting side. If that helps you any....

In general, if your mandalas are turning out too small, replace the dc stitches of Round 8 with tr stitches. Likewise for Round 13 in part 2, and Round 23 in part 3.

If your mandalas are turning out too large, replace the dc stitches of Round 8 with hdc stitches, or even sc stitches if needed. Likewise for Round 13 in part 2, and Round 23 in part 3.

Video tutorials

There are right and left handed video tutorials available for all 3 parts. Please find the links below.

Part 1

Right handed <https://youtu.be/tYq4GfMyG38>

Left handed https://youtu.be/FLp7EmcwK_g

Color Placement

Please refer back to the materials list for the specification per colorway in regards to which color is Color A up to Color F.

The yarn amounts per round serve as a guide and are only important when you are making the mandalas from left-over yarn from other projects. This way you can determine before you start a round if you have enough yarn to complete it. If you are using full balls of Scheepjes Catona 50g, you will have enough yarn to complete all 3 mandalas.

Tip: if you want to use the same colors as in one of the given 3 colorways, but you want a different look to the mandalas, consider changing the order of the colors A to E. Also feel free to change the colors placement for a specific round if you feel it looks better that way.

Round	Small Mandala	Medium Mandala	Large Mandala	Yarn weight per round (gram)
1	Color A	Color B	Color E	0.5
2	Color C	Color E	Color B	0.5
3	Color B	Color D	Color F	2
4	Color C	Color E	Color B	2
5	Color C	Color E	Color B	1
6	Color C	Color E	Color B	1
7	Color D	Color C	Color A	3
8	Color D	Color C	Color A	3
9	Color E	Color F	Color D	2
RING	Color E			3
10		Color F	Color D	4
11		Color A	Color C	4
12		Color D	Color F	3
13		Color D	Color F	5
14		Color E	Color B	4
RING		Color E		9
15			Color B	9
16			Color A	6
17			Color A	3
18			Color F	4
19			Color C	10
20			Color C	4
21			Color A	7
22			Color D	10
23			Color D	7
24			Color E	5
RING			Color E	10

Pattern

Part 1

Work part 1 for all 3 mandalas. This means you will have 3 mandalas at the end of part 1, all the same size, but with different color placements. The small mandala will be complete at the end of part 1 by attaching it to the small ring, the medium and large mandalas will be grown further in parts 2 and 3.

Round 1 With indicated color, ch6, ss in first chain to form a ring. Ch2 (*does not count as a stitch*), 20tr in the ring. Close with invisible join.

[20 tr]

Round 2 With indicated color, start with a standing bphdc in any stitch, bphdc around each stitch to end. Close in first stitch with ss. Fasten off.

[20 bphdc]

Round 3 With indicated color, start with a standing popcorn in any stitch, ch6, skip 3 stitches, *popcorn in next stitch, ch6, skip next 3 stitches; repeat from * to end. Close in first stitch with ss. Fasten off. *The chain spaces will pull the popcorns to the back of your work. Don't worry about this.*

[5 popcorns, 5 ch6-sps]

Round 4 *All ch4 made in this round count as a tr. When working in the stitches of Round 2, be sure to work in front of the ch6-sps from Round 3, so DO NOT work over the spaces.*

With indicated color, start with a standing fpdc around any popcorn, *(2tr, ch4, ss, ch4, 2tr) in second skipped stitch of Round 2, fpdc around next popcorn; repeat from * to end omitting final fpdc. Close in first stitch with ss.

[30 tr, 5 fpdc]

Round 5 *During this round, make sure the ch4-sps are hidden behind your petals, it helps to push the slip stitches to the left and right edges of the chain space that you are making them into.*

Continue with the same color, ch3 (*counts as first dc*), *dc3tog over next 2 tr and the top of the ch4 that counts as a tr (*this is the first ch-loop of the ch4 catching two of the three loops*), ch4, ss in ch6-sp of Round 3 that is to the back of your work, ch4, ss in same ch6-sp of Round 3, ch4, dc3tog over next ch4 that counts as a tr (*this is the last ch-loop of the ch4 catching two of the three loops*) and 2 tr, dc in next fpdc; repeat from * to end omitting final dc. Close in the top of the starting ch3 with ss. Fasten off.

[10 dc3tog, 5 dc, 15 ch4-sps]

Round 6 Continue with the same color. Start with a standing dc3tog over any dc3tog, dc, and dc3tog (*these are the 3 stitches that make the top of the petals*), ch15, *dc3tog over next dc3tog, dc, and dc3tog, ch15; repeat from * to end. Close to the top of the standing dc3tog with a ss. Fasten off.

[5 dc3tog, 5 ch15-sps]

Round 7 When working into the stitches of Round 2, be sure to miss the chain spaces that are to the back of your work. If you find it difficult to see where the first of the 9 sc stitches is, consider placing a stitch marker in it to help you find the stitch in Round 8.

With indicated color, start with a standing fpssc around any dc3tog, *9sc in next ch15-sp, ch7, ss in between the two petals into the stitch of Round 2 and covering the ss of Round 4, ch7, 9sc in same ch15-sp, fpssc around next dc3tog; repeat from * to end omitting final fpssc. Close in first fpssc with ss.

[90 sc, 5 fpssc, 10 ch7-sps]

Round 8 Continue with the same color, ch3 (counts as dc), dc in same stitch, *1dc in next 9 sc, skip both ch7-sps, 1dc in next 9 sc (the first one will be hidden by the ch-sp that pulls the stitches down), 2dc in next fpssc; repeat from * to end omitting final 2 dc. Close with invisible join. The mandala is now 13cm/5inches in diameter.

[100 dc]

Round 9 With indicated color, start in any stitch with a standing bpssc, bpssc in each stitch to end. Close in first stitch with ss. Fasten off for the medium and large mandala, leave yarn attached for the small mandala.

[100 bpssc]

Finishing small mandala

Work away all yarn tails on all the mandalas. All the small mandalas are now approximately 13cm. Attach the small mandala (the first colorway) to the small, 15cm ring with the same color as in Round 9. Leave the other two mandalas for the moment; we will make them bigger in part 2 and part 3.

To finish the small mandala, ch1 (does not count as a stitch), *sc2tog in the current stitch, the next stitch AND the ring, repeat from * to end. Close with an invisible join.

[100 sc2tog]



Tips if your small mandala is too large or too small

If your small mandala is larger than 13cm/5inches, replace the dc stitches of Round 8 with hdc stitches, or even sc stitches if needed. If your small mandala is smaller than 13cm/5inches, replace the dc stitches of Round 8 with tr stitches. If you make these changes for the small mandala, also do this for the medium and large mandalas.

Work an optional hanging chain to hang the mandala. Attach the same color as used to attach the mandala to the ring with a slip stitch in any st, chain the number of sts needed to get the required length, close the loop with a slip stitch in the same st as in which the yarn is attached. Tie a knot between the two yarn tails to secure the loop. Work away the yarn tails.





© IT'S ALL IN A NUTSHELL - ALL RIGHTS RESERVED.

THIS PATTERN IS AVAILABLE FOR UNLIMITED PERSONAL USE. YOU MAY PRINT A COPY OF THE PATTERN OR KEEP A DIGITAL COPY FOR PERSONAL USE ONLY. DO NOT REPRODUCE OR SELL MY PATTERNS (EITHER DIGITALLY OR IN PRINT). DO NOT POST MY PATTERNS ONLINE, EITHER AS A COMPLETE DOCUMENT OR IN PART. PLEASE REFER BACK TO THIS PATTERN BY LINKING TO IT FROM YOUR BLOG OR WEBSITE. YOU MAY SELL ITEMS THAT YOU MAKE WITH MY PATTERN AS LONG AS YOU CREDIT ME AS THE DESIGNER.

TO SHOP OWNERS AND YARN SELLERS: IT IS NOT ALLOWED TO MAKE KITS WITHOUT MY PERMISSION. PLEASE DO NOT PRINT COPIES TO DISTRIBUTE WITH YARN SALES AS THIS IS AN INFRINGEMENT OF COPYRIGHT.